Dear Cert MDT and Dip. MDT

We invite abstracts and poster presentation for the MDT Conference 2017, on Dec 9/10. The Scientific Committee will work in tandem with Head Quarters and International Director of Education towards accepting the best for presentation at the conference.

**All abstracts should be accompanied by the McKenzie Lumbar/Cervical/Thoracic/Upper Extremity/Lower Extremity forms, and the follow up sheets.**

* Introduction as to why case study is important
* baseline outcome measures if appropriate
* appropriate McKenzie assessment form
* Clinical presentation (history and physical examination)
* Follow-up sessions including outcome measures
* Discussion including other relevant literature
* Strengths and limitations
* Conclusions and management
* Implications and relevant clinical reasoning
* Reference all pertinent points

**Case studies can be used to illustrate a number of topics in the Spine and Extremity.**

Diagnosis / classification

Prognosis

Clinical measurement

Application of theory to practice

Rare cases

Overall management

Centralization

Directional preference

The following topics are suggested for the case study.

1. Radiculopathy,
2. Mechanical Deformity
3. Shoulder
4. Ankle
5. Geriatrics
6. Thoracic the unexplored territory
7. Rheumatology
8. Miscellaneous

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Best Wishes,

For Board and Ex. Committee,
McKenzie Institute India,

Dr. Asha Menon           [http://backneckandjoints.in](http://backneckandjoints.in/)  **A Certified McKenzie Clinic**
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