



## THE MCKENZIE INSTITUTE INTERNATIONAL

### DIPLOMA IN MECHANICAL DIAGNOSIS AND THERAPY™ GENERAL INFORMATION - 2019 PROGRAMME

#### **THE DIPLOMA**

The Diploma in Mechanical Diagnosis and Therapy is awarded to participants who have qualified in accordance with the criteria approved by The McKenzie Institute International Board of Trustees and is designed to assess competencies in relation to the Diploma Curriculum.

The criteria for registration is attendance at the Institute's Education Programme Parts A-D and also a successful pass in The McKenzie Institute International Credentialling Examination. If the applicant did not attend Parts C and D courses incorporating the MDT Extremities material, then they must attend the last two days of the Parts C and D courses to attain education in MDT and the extremities. It is also recommended that applicants attend the Advanced Extremities course if possible.

Applicants must also be engaged in active clinical practice, and hold registration in their respective country of residence.

Applications must be submitted by **19 October 2018** to commence the Distance Learning component in February 2019.

Registrations for commencement in 2019 are limited to 25 candidates. Fully completed registrations will be processed strictly in the order they are received. **Please note** - All supporting documentation must be included before a registration will be processed.

#### **DIPLOMA CURRICULUM**

The Diploma Curriculum has as its foundation the teaching of Mechanical Diagnosis and Therapy (Spinal and Extremity) as developed by Robin McKenzie. It consists of two components: Theoretical and Clinical.

##### **Aims of the Diploma**

1. Enable students to develop a high level of competence in the theory and practice of Mechanical Diagnosis and Therapy of spinal and musculoskeletal disorders based on the philosophies of Robin McKenzie.
2. Enable students to identify clinical conditions that are unsuitable for mechanical therapy.
3. Enable students to develop skills in accessing, understanding and evaluating research relevant to Mechanical Diagnosis and Therapy.
4. Promote critical analysis and clinical reasoning skills.
5. Further develop interpersonal and communication skills.
6. Foster the students' awareness of their professional responsibilities, including legal, ethical and cultural issues.

## **Theoretical Component:**

The Theoretical Component comprises an E-learning module and is conducted over 10 weeks commencing in February in any given year. The module entails study of 300 hours of student work during this period. This consists of structured E-learning, inclusive of set tasks, reflective reading, electronic communication through a discussion board, critical evaluation and analysis of literature and MDT topics.

The educators for the module are from the McKenzie Institute International. All teaching will be conducted via E-learning and is presented as units of study. Students will require computer facilities with web access.

A pass in the module is required in order to attain the Theoretical Component of the Diploma Programme.

The language of the Diploma Programme is English. The Institute requires a reasonable standard of English. **All students from countries where English is not the first language must provide evidence of English language competency in the form of successful IELTS or TOEFL testing.** The date of the test results must be within two years of applying for the Diploma Programme.

### **Theoretical Component Outcomes:**

1. Analyse and evaluate the principles related to Mechanical Diagnosis and Therapy within musculoskeletal therapy.
2. Compare and contrast the classification systems utilized in Mechanical Diagnosis and Therapy with other manual therapy approaches.
3. Review and discuss the potential tissue response associated with the application of Mechanical Diagnosis and Therapy.
4. Analyse and discuss the clinical reasoning process involved in the assessment, diagnosis and management of patients with musculoskeletal conditions utilising Mechanical Diagnosis and Therapy.
5. Discuss the contraindications, precautions and limitations for the application of Mechanical Diagnosis and Therapy.

## **CLINICAL COMPONENT: (alternative pathways available)**

The Clinical Component consists of a minimum of 360 hours of clinical practice based on a variety of musculoskeletal disorders. It emphasises the central importance of “the evidence” of the patient. The hours of clinical practice will include: supervised patient assessments and treatments, formal and informal tutorials and self-directed learning. The maximum ratio of participants to Clinical Educator is limited to three.

Qualified McKenzie practitioners, known as Clinical Educators, who are appointed by The McKenzie Institute International, provide supervision. The Clinical Educator conducts continuous assessments of the clinical performance of the candidates and regular formal assessments. Satisfactory proficiency in the Clinical Component is determined by the Clinical Educator and/or by The McKenzie Institute International appointed assessors. Proficiency is determined by performance in both the formal assessments and in the continuous assessments.

**Clinical Component Objectives:**

At the completion of this component the student should be highly competent in:

1. The integration of the theory of Mechanical Diagnosis and Therapy and its application in the management of patients.
2. Examining patients using the history taking and physical examination procedures utilised in Mechanical Diagnosis and Therapy.
3. Using the information derived from the examinations to determine an appropriate classification for the patient.
4. Documenting the assessment and management of patients.
5. Effectively and safely managing patients and modifying management as appropriate.
6. Maximising treatment efficiency, effectiveness by the appropriate provision of education, self-management procedures, therapist techniques and prophylactic measures.
7. The application of the therapist techniques utilised in Mechanical Diagnosis and Therapy.
8. The identification of contraindications to Mechanical Diagnosis and Therapy and the performance of the pre-manipulative testing procedures.
9. Communicating effectively with all persons involved in the management of the patient's problems.

**Pathways Available for the Clinical Component**

To allow for the varied needs of the Diploma students there are a number of alternative pathways available to complete the Clinical Component of the Diploma.

Clinical Training sites are currently located in the USA, Scotland, Australia, Benelux, Denmark, Finland, Germany and Sweden. The registration fee payable for the different training programmes reflects the difference between residential and non-residential venues.

- **Clinical Training at Austin, Texas, USA:** **US\$17,500.00**  
Choice of this pathway allows the student to undertake their clinical training in one x 9 week block.  
  
Fully furnished accommodation is provided.
- **Clinical Training at Cedar Grove, New Jersey, USA:** **US\$15,000.00**  
Choice of this pathway allows the student to undertake their clinical training in one x 9 week block. Accommodation is not provided but the Clinical Educator at New Jersey will assist students to secure appropriate accommodation.
- **Clinical Training at Dundee, Scotland:** **US\$15,000.00**  
Choice of this pathway allows the student to undertake their clinical training in one x 9 week block. Accommodation is not provided but the Clinical Educators at Dundee will assist students to secure appropriate accommodation.
- **Clinical Training at Geelong, Victoria, Australia:** **US\$15,000.00**  
Choice of this pathway allows the student to undertake their clinical training in either a one x 9 week block, or 3 x 3 week blocks. Accommodation is not provided but the Clinical Educators at Geelong will assist students to secure appropriate accommodation.

*To attend this venue, candidates must have Australian or New Zealand health professional registration and insurance.*

▪ **Clinical Training in the Benelux:** **US\$15,000.00**

Choice of this pathway allows the student to undertake their clinical training in the Benelux by way of 18 weeks part-time (equal to 9 full-time weeks), The 18 weeks shall be divided into two blocks of 9 weeks. Accommodation is not provided.

*This venue is only available to candidates residing in Belgium, The Netherlands or Luxembourg.*

▪ **Clinical Training at Ega, Denmark:** **US\$15,000.00**

Choice of this pathway allows the student to undertake their clinical training in one x 9 week block. Accommodation is not provided but the Clinical Educators at Ega will assist students to secure appropriate accommodation.

*This venue is only available to Danish, Swedish and Norwegian candidates.*

▪ **Clinical Training at Vaajakoski, Finland:** **US\$15,000.00**

Choice of this pathway allows the student to undertake their clinical training in one x 9 week block. Accommodation is not provided but the Clinical Educators at Vaajakoski will assist students to secure appropriate accommodation.

*This venue is only available to Finnish candidates.*

▪ **Clinical Training in Germany:** **US\$15,000.00**

Choice of this pathway allows the student to undertake their clinical training in either a one x 9 week block, or 3 x 3 week blocks. Accommodation is not provided but the Clinical Educator will assist students to secure appropriate accommodation.

*This venue is only be available to German speaking candidates.*

▪ **Clinical Training in Sweden:** **US\$15,000.00**

Choice of this pathway allows the student to undertake their clinical training in 3 x 3 week blocks at 3 separate clinical venues. Accommodation is not provided but the Clinical Educators in Sweden will assist students to secure appropriate accommodation.

*This venue is only available to Swedish candidates.*

**NOTE:**

**Both components of the Diploma MDT Programme and the Final Exam must be completed within three years of commencement of the Theoretical Component. There will be no exceptions to this requirement.**

**Once a Satisfactory pass is gained in both the Theoretical and Clinical Components of the Diploma Curriculum, students are eligible to sit The McKenzie Institute International's Final Examination for the Diploma in Mechanical Diagnosis and Therapy.**

## FINAL EXAMINATION FOR THE DIPLOMA IN MECHANICAL DIAGNOSIS AND THERAPY

To be eligible to sit the Final Examination and if successful, attain The McKenzie Institute International's Diploma in Mechanical Diagnosis and Therapy, students must have completed and passed both the Theoretical and Clinical Components of the Diploma Curriculum.

There must be a minimum of **two months** between completion of the Clinical Component and taking the Final Exam.

The Final Examination is conducted in the English language by a Panel of Examiners appointed by The McKenzie Institute International and is supervised by the International Director of Education.

The fee for the Final Examination is USD1,450 and the exam is conducted over two days. The structure comprises 4 exams of 45 minutes duration (3 simulated clinical exams and 1 oral exam). The fee is payable two months prior to the exam.

The number of candidates who may take the Final Examination at any one scheduled Examination is limited to 12 candidates. Registrations will be processed strictly in the order they are received.

Once a candidate has attained a Pass in all four exams within the Final Examination, a McKenzie Institute International Diploma in Mechanical Diagnosis and Therapy certificate will be issued with the recipient's name recorded in the Institute's International Diploma Register.

Diploma candidates who fail any or all of the exams within the Final Examination are eligible to re-take those exams on two further occasions. A re-take fee of USD725 per exam within the Final Examination will apply and is payable two months prior to the Final Examination.

## PAYMENT SCHEDULE

The 2019 payment schedule for the Diploma Programme is by way of instalments as detailed below:

Deposit due on approval of application by CEO	USD1,500
Payment due 3 months prior to commencement of theoretical component	USD7,500
Balance due 3 months prior to commencement of clinical component (based on residential clinical venue)	USD8,500
Full Diploma fee (based on residential clinical venue)	<b>USD17,500</b>

The fee for a **non-residential** Clinical Venue is USD15,000.

As noted above, there is also a registration fee for the Final Exam of USD1,450 which is payable two months prior to the exam.

## GENERAL

The level of interest to undertake The McKenzie Institute International Diploma Programme is high, and accordingly registrations are processed in the order they are received. **Applications will only be considered when full documentation as listed on the application form is provided.**

A fully completed application form, together with all supporting documentation, is to be submitted to Trish Elise at the address listed on the application form. Upon approval of the application by the Institute's CEO and the International Director of Education, a confidentiality agreement in relation to the Diploma Programme documents is forwarded to the applicant for completion, together with an invoice for the Programme.

If you have any further queries, please do not hesitate to contact Trish Elise at email [trish.elise@mckenzieinstitute.org](mailto:trish.elise@mckenzieinstitute.org).

**The McKenzie Institute International  
Raumati Beach, New Zealand**

**May 2018**

***Disclaimer: The information contained in this document is correct as at 3 May 2018. The McKenzie Institute International reserves the right to change, cancel or postpone any portion of the Diploma MDT Programme, and shall not be liable for any claim other than the proportion of Programme fees which the cancelled portion bears.***



THE MCKENZIE INSTITUTE INTERNATIONAL  
DIPLOMA IN MECHANICAL DIAGNOSIS AND THERAPY  
CONFIDENTIAL APPLICATION FORM

**The information provided on this form is confidential to the Diploma Applicant,  
the Head Office of the McKenzie Institute International  
and the Institute's Diploma Educators.**

*If there is insufficient space for your printed replies to any of the below, please list on a separate sheet.*

**First Name:** \_\_\_\_\_ **Surname:** \_\_\_\_\_

**Title:** Mr / Mrs / Miss / Ms

**Address:** \_\_\_\_\_

**Phone: (W)** \_\_\_\_\_ **Phone: (H)** \_\_\_\_\_

**Cellph:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Profession:** \_\_\_\_\_ **Nationality:** \_\_\_\_\_

**Please list any medical conditions that may affect your participation in the Diploma MDT Programme:**

**Preferred Clinical Diploma Venue:** *(please indicate your first and second preferences)*

- Austin, Texas, USA (Residential)
- Cedar Grove, New Jersey, USA (Non-Residential)
- Dundee, Scotland (Non-Residential)
- Benelux (Non-Residential) *(Benelux candidates only)*
- Egå, Denmark (Non-Residential) *(Danish, Swedish & Norwegian candidates only)*
- Vaajakoski, Finland (Non-Residential) *(Finnish candidates only)*
- Germany (Non-Residential) *(German speaking candidates only)*
- Sweden (Non-Residential) *(Swedish candidates only)*
- Geelong, Australia (Non-Residential) *(Australian & New Zealand candidates only)*

**Qualifications:** *(List degrees, diplomas & certificates)*

Qualification	Granting Institution	Year
1.		
2.		
3.		
4.		
5.		
6.		

**Clinical experience commencing with most recent:**

Employer	Location	Dates: From - To
1.		
2.		
3.		
4.		

**McKenzie Institute Courses and Credentialling Examination:** *(Attach copies of Certificates)*

Course	Location	Instructor/Examiner	Date
Credentialling Examination			
<b>Part D</b> Course (Must have completed Parts C and D incorporating the extremities. If not, then the applicant must have attended the last 2 days of each course incorporating the extremities.)			
<b>Advanced Extremities</b> Course (strongly recommended)			

**Other Post-Graduate Courses commencing with most recent:** *(Attach supporting documentation)*

Course	Location	Year
1.		
2.		
3.		
4.		



**Reasons for wishing to complete the Diploma Programme:**


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- I hereby consent for my name and email address to be provided to other candidates who are also enrolled in The McKenzie Institute International Diploma Programme during 2019.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Please attach original or **certified** copies of the following (see "Important Notes" overleaf):

- Academic transcript
- Professional Body registration
- Birth certificate
- Marriage certificate (if there has been a change of name)
- TOEFL or IELTS Test Score Report (only applies to those for whom English is not their first language) (see "Important Notes" overleaf)

Please also attach:

- McKenzie Institute Part D Course Certificate (Part D course incorporating the MDT Extremities material)
- McKenzie Institute Advanced Extremities Course Certificate (recommended to attend)
- McKenzie Institute Credentialling Exam Certificate
- Post-Graduate Course documentation
- Two professional references in writing
- One colour passport photograph. On the back of the photograph, please write your full name and sign the back to confirm that this photograph is a true likeness of yourself.
- Full CV (Curriculum Vitae)

**Forward with this application to:**

Trish Elise  
 Executive Assistant to the CEO  
 The McKenzie Institute International  
 3 Alexander Road  
 PO Box 2026  
 Raumati Beach 5255  
 New Zealand

**Please Note:**

**For your application to be accepted, all documentation as detailed above must be included with your application.**

## IMPORTANT NOTES

- The Academic transcript must be either an original transcript from the University you attended or a **certified** copy. It must list subjects passed and marks gained during each year of study and, if your undergraduate qualifications are not in English, **must** be accompanied by an English translation from an accredited agency.

Please do not send a copy of the diploma or degree only.

- **English Language Requirement if your first language is not English:** Successful scores in either IELTS or TOEFL are required. There are **no exceptions** to this criteria for any candidate from a country where English is not the first language. Contact your nearest IELTS / TOEFL authority to check venue/dates for these tests at least two to three months prior to application.

IELTS	TOEFL (Internet-based)
Overall score: Minimum of <b>6.5</b>	Overall score: Minimum of <b>88</b>
With a Minimum of 6.0 in all components.	With a Minimum in the following components: Listening: <b>17</b> Reading: <b>18</b> Speaking: <b>20</b> Writing: <b>17</b>

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